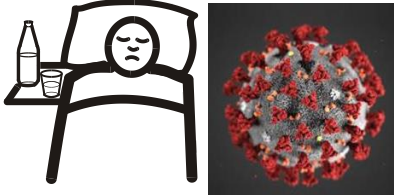
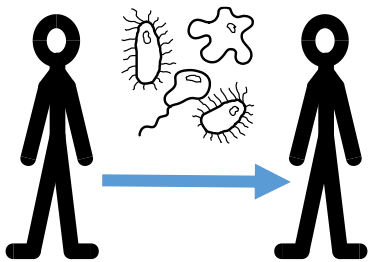


Washing your hands



Lots of people are **getting poorly** at the moment because of a new illness called **coronavirus**



The virus is passed from **person to person** by **germs**

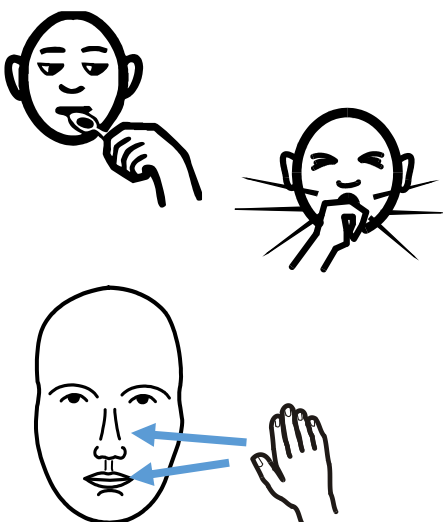


To **help stop** the spread of **germs**, people **must wash** their hands with **soap and water**:



We must **take our time** when we **wash our hands**.

Washing between **fingers** and **all over** our hands.



We should wash our hands

- **Before eating**
- **After sneezing or coughing**
- After **touching your nose** or **mouth**