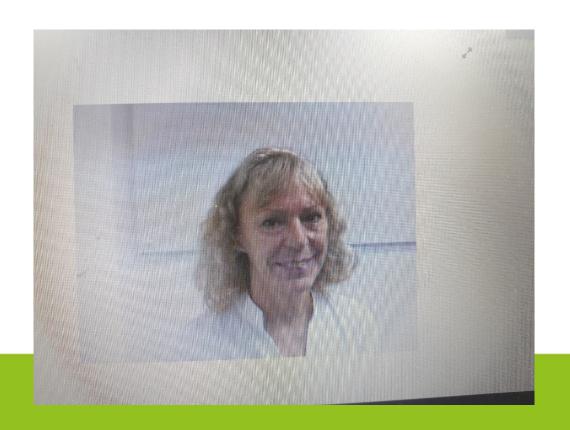
# West Notts College FE Study Skills Coaches

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#### Who are we?

Phil Tonge – FE Study Skills Coach <a href="mailto:philip.tonge@wnc.ac.uk">philip.tonge@wnc.ac.uk</a>





Anne Parker - FE Study Skills

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## What are Study Skills?

- Time and Self Management
- Resilience
- Assignment Structure and Hitting Distinctions
- Using Critical Thinking
- Reading with a purpose
- Active participation in class
- Effective note-taking
- Referencing
- Revision Techniques and Exam Prep.
- Progression and choices during your course
- Plus many others.....



#### Why are Study Skills important?

- Studies have shown that over recent years students' soft skills, pastoral skills & ability to study/learn independently has decreased.
- This has a direct correlation to grades which do not truly reflect a student's ability.
- By improving your study skills you could achieve your best possible grades.
- This will improve your chances of progression and your employability.

#### How will we help you to improve your Study Skills?

- We will work closely with your Tutors
- We will deliver group workshops and tutorials
- We will offer 1-1 training and support
- We will deliver support at specific times during your academic calendar. For example, if you have a an assessment due in that requires support with writing skills, we will be there to help.

We are here to help and support you!

## How can you help us?

- Get to know us
- Know our contact details
- Don't hesitate to ask for help if you need it, there is no such thing as a silly question
- Spread the word

These are strange times for everyone, aren't they?

While we're all in lockdown we will be sending, from time to time, some short taster sessions to give you a flavour of life and work at West Nottinghamshire College and to help you get off to a flying start in September.

If you have any queries please send us an email.

We're looking forward to meeting you in person but, in the meantime,

stay safe, stay well, stay home!

