

















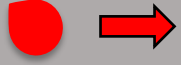

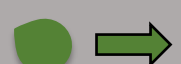


THE SPORT DEVELOPMENT TEAM

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|--|--|---|---|---|
|  <p>BASKETBALL <u>1:15 – 2:00pm</u> Just play basketball session – friendly open court to shoot some hoops DR Sports Hall</p> |  <p>FOOTBALL <u>1:15 – 2:00pm</u> Competitive indoor 5-a-side football competition, come as a squad or single players welcome DR Sports Hall</p> | <p>VISION West Nottinghamshire College</p> <h2>Academy of Sport</h2> <p>ACADEMY FIXTURES</p> <p>Look out on the televisions and noticeboards around college which will tell you when the next competitive fixtures are – if you're not taking part any support that we can get for our teams is greatly appreciated.</p> <p>#TEAMWESTNOTTS</p> |  <p>GLOW SPORTS <u>1:15 – 2:00pm</u> Raveminton & Glow Dodgeball in the sports hall, half sport / half party DR Sports Hall</p> |  <p>LADIES FOOTBALL <u>1:15 – 2:00pm</u> Training session with a focus on skill development for upcoming games DR Sports Hall</p> | |
|  <p>SWIMMING & ICE SKATING <u>2:30 – 3.30pm</u> Lammas LC</p> |  <p>LADIES FOOTBALL <u>1:15 – 2:00pm</u> DR Sports Hall</p> | |  <p>OPEN JUMP <u>2:30 – 4:30pm</u> I-JUMP Centre</p> |  <p>SWIMMING <u>3:00 – 5:00pm</u> Water Meadows</p> | |
|  <p>OPEN JUMP <u>2:30 – 4:30pm</u> I-JUMP Centre</p> |  <p>OPEN JUMP <u>2:30 – 4:30pm</u> I-JUMP Centre</p> | |  <p>WNC EQUESTRIAN <u>2:00 – 4:00pm</u> Fairview Farm</p> |  <p>OPEN JUMP <u>2:30 – 4:30pm</u> I-JUMP Centre</p> | |
|  <p>ZUMBA & SHARQUI <u>5:30 – 7:30pm</u> DR Sports Hall</p> |  <p>WNC EQUESTRIAN WNC STAFF EQUESTRIAN <u>4:30 – 6:00pm</u> Fairview Farm</p> | |  <p>OPEN JUMP <u>2:30 – 4:30pm</u> I-JUMP Centre</p> |  <p>no strings badminton BADMINTON <u>5:00 – 7:00pm</u> DR Sports Hall</p> |  <p>ZUMBA <u>4:45 – 5.30pm</u> Studio (DR 70)</p> |
|  <p>SHARQUI <u>6:30-7:30pm</u> DR Sports Hall</p> | <p>If you would like any information on the schedule, to participate in other sports or potentially look at starting a West Notts club or society please do not hesitate to contact the Sport Development Team (details below).</p> | | | | |
|  Open to staff  Open to students  Open to community | | | | | |

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THE SPORT DEVELOPMENT TEAM

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